



Technical Guide Mansfield Epic 8 Hour

Start Time is at 10 am. Last rider out at 5:59:59 pm, must return by 6:30 pm. All categories and pricing please refer to Chicoracing.com .

Register on chicoracing.com and refer to Chicoracing.com for race kit pick up, schedule of events etc.

Rules

1. Support on the course is wide open. Teammates may take any equipment or tools with them on the course, they may even swap bikes with their teammates. Cannibalizing bicycle parts is OK in this event. What is not allowed, however, is to switch riders part way through a lap, as our timing system does not keep track of individuals. Any team caught doing this in order to quicken their laps will be disqualified. This applies to all but tag-teams, because the location of their campsites may require that they switch away from the timing tent.
2. Water and food may be supplied to any racer by anyone, anywhere on the course. Water and a happy cheer will be available at a feed zone located halfway through the course.
3. Lapped riders should yield to leaders or faster riders. Faster riders should be very loud when preparing to pass any racer "passing on your left," "passing on your right," or "track left" "track right" should be used. It is the responsibility of the overcoming rider to overtake other riders safely. Riders being lapped must yield on the first command when it is safe to do so.
4. A rider must not physically interfere or intend to impede another rider's progress.
5. Short cutting the course by any logged-in racer will result in disqualification of the team.
6. Any rider exiting the course for any reason is responsible for getting back on at the exact same spot on the course. This largely pertains to solo riders who will be

routinely checked, but also for riders exiting the course to relieve themselves or fix a technical problem.

7. Dangerous riding, use of abusive language and any unsportsmanlike behavior will be taken seriously. The penalty imposed is at the discretion of the race director and depends on the severity of the act. We should all contribute to make this a fun, spirited event.
8. Federal, provincial and local laws and ordinances will be abided to at all times.
9. Only riders officially entered in the event may practice on the race course prior to the event. Registered riders may only ride the course during the event if they are competing (no pre-riding during race time).
10. Protests can only be made by team captains. Protests will be made in writing and delivered to the race director or acting race director any time after the end of the race, up to 15 minutes after the posting of the final results.
11. The race director has the final say in any and all rulings.
12. The race director or course officials reserve the right to disqualify riders or even teams for dangerous riding, fatigue (danger to yourselves or others), not wearing a helmet and anything else that may jeopardize the safe operation of this event.
13. If any part of the course throughout the event becomes particularly treacherous or marking materials are tampered with during the event, look for a race official, Sean, or Adam, and they will address the problem immediately.
14. Only 1 rider from any team is permitted on the race course during the race.

Bib Placement

Riders must put the plates on the front of their bicycle without zip-ties or cables obstructing the plate. Solo riders will be provided a rear plate they may attach if they wish to indicate to others that they are a solo participant.

Course Map

Please note that due to the conditions of the forest the course map will be updated on Chicoracing.com approximately 1 week prior the event.

Direction to Mansfield Outdoor Centre, Accommodations

Please refer to chicoracing.com .

Prize List

Draw prizes and medals for category winners.



ONTARIO CYCLING ASSOCIATION

Emergency Action Plan

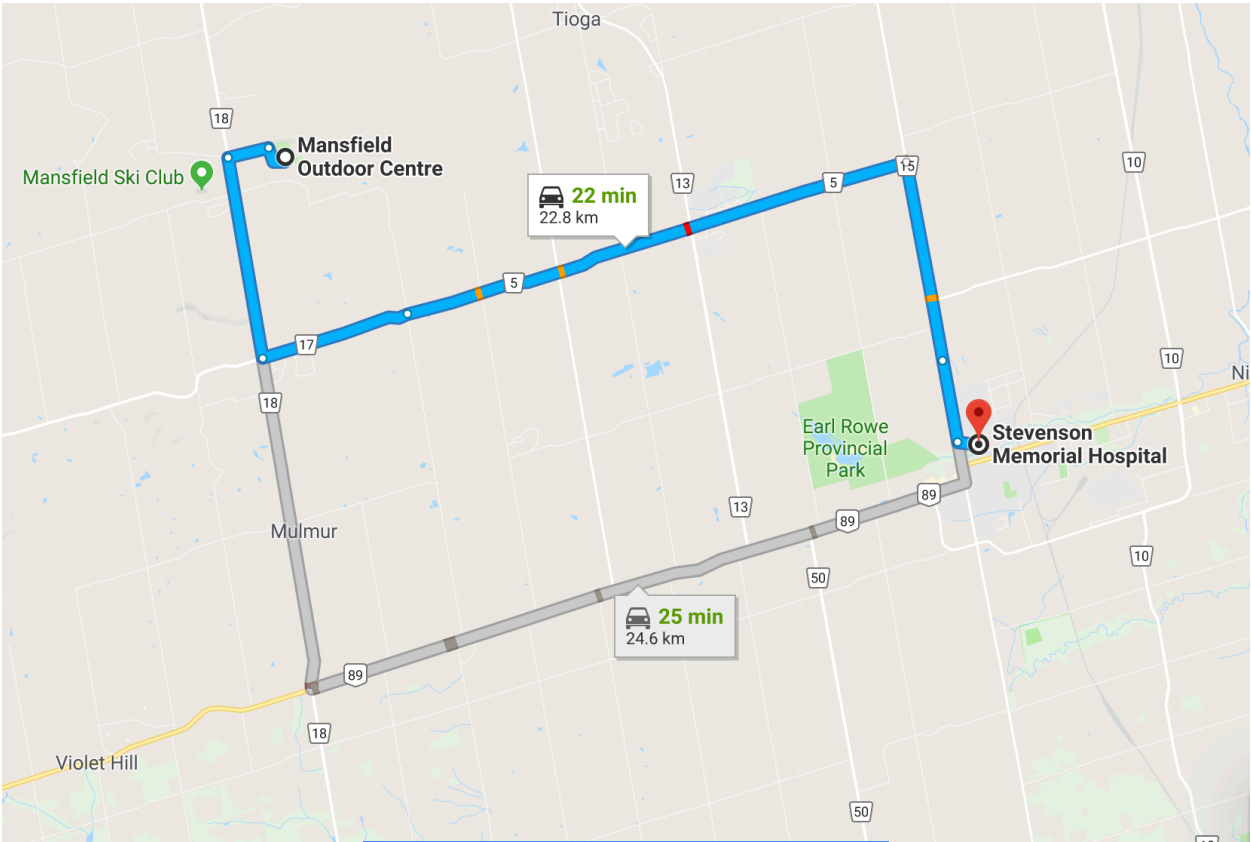
This form must be completed by the event organizer and the emergency action plan described must be in place before the event is sanctioned by the Ontario Cycling Association. Copies of the completed form must be distributed to all persons responsible for event safety including the safety coordinator, marshals, leaders, instructors, et al. A copy must be available for inspection by event official or OCA representative at the event upon request.

Date		Event Name:
Event Organizer and Contact:		
City:	Prov:	Postal Code:
Home Phone:		Business Phone:
Fax:		Email:
EAP Coordinator (must be at fixed location during event):		
Address:		City:
Province:		Postal Code:
Home Phone:		Business Phone:
Location During Event:		
How to reach at event:		
EAP Assistants:		
Location:		
Duties:		
First Aid Personnel:		
Hospital closest to event:		
Address:		
Phone:		
Ambulance Phone:		Police Phone:
Additional Instructions:		

Attach a map of the event location showing all major intersections and ambulance/police access points. Include the location of the nearest telephones as well as route directions to the nearest hospital from the start/finish. If part of the course is 10km or more away from the start/finish, additional maps every 10 kms.

A copy of this completed plan may be requested by an event official.

Route to Stevenson Memorial Hospital from Mansfield Outdoor Center



Mansfield Outdoor Centre, 937365 Airp

Stevenson Memorial Hospital, 200 Fletc

Add destination

Leave now

OPTIONS

Send directions to your phone

via Simcoe County Rd 5

Fastest route, the usual traffic

This route has restricted usage or private roads.

22 min

22.8 km

[DETAILS](#)

via Airport Rd/County Rd 18/Regional Rd 18 and ON-89 E

25 min

24.6 km